

Celebrating International Yoga Day 2023



One Day National Level Seminar

On



**Ātmadarśhana - Perennial Wisdom of Yoga:
Mind-Body Management and Healing Perspective**

On 12/09/2023, Tuesday

Sponsored By

Indian Council of Philosophical Research, New Delhi

Ministry of Education, Government of India

Organized By

Department of Philosophy, Krishnagar Women's College

Resource Person

**Dr. Shakuntala Bora, Associate Professor,
Department Of Philosophy, University of Gauhati,
Assam**

**Dr. Biplab Barman, Guest Lecture,
Dept. of Physical Education, Jadavpur University**

Patrons

Dr. Natasa Dasgupta

Principal

Convener

Kalpita Nandi

Assistant Professor, HOD

Department of Philosophy

Siddhartha Majumder

President, Governing Body

Organizing Committee

Dr. Anuradha Chattopadhyay,

Associate Professor

Payel Kundu, Assistant Professor

Naznin E Firdaus, Assistant Professor

Venue

Bina Das Memorial Hall,

1st Floor, Main Building